



Belleville, IL



Low: 31°  
Now: 30°F High: 40°  
full forecast

Cloudy

SEARCH  FOR

Web Search powered by **YAHOO!** SEARCH

WELCOME GUEST | [SIGN IN](#) | [BECOME A MEMBER](#)

NEWS - O'FALLON PROGRESS - O'FALLON SPORTS

Friday, Dec. 03, 2010 [100 Comments](#)

## Roustio a multi-sport threat

By Steve Oliver - Progress Sports Writer

**SHARE** [f](#) [t](#) [e](#)

**BUZZ UP!**

**E-MAIL**

**PRINT**

**REPRINT OR LICENSE**

**TEXT SIZE:**  

The transition from the volleyball to the basketball court took OTHS sophomore Katie Roustio just one game. The 16-year-old sophomore, the daughter of Scott and Michele Roustio, helped the OTHS girls' basketball team to three wins in four outings and the title in the Taylorville Round Robin tournament to start O'Fallon's 2010-11 hoop season.

Scoring and rebounding in double digits in all four games, Roustio quickly demonstrated the athleticism that has already brought area and state recognition in volleyball in just two seasons of high school competition.

Her basketball skills are not far behind as evidenced by her exceptional freshman season last year and the impressive start during the first week of the current campaign. Even though the Panther sophomore spent most of the summer working on volleyball in several national competitions, she was able to shift



OTHS sophomore Katie Roustio has been recognized as the Athlete of the Week. - PROGRESS/Mark Raeber

gears seamlessly, filling one of the post positions for O'Fallon — a change that OTHS coach Ryan Massey knew she would be able to handle.

"Katie has great athletic ability and comes to practice ready to work every day," Massey said. "She is focused on the court all the time and always gives 100 percent effort in everything she does. That combination is hard to beat, especially when you combine it with physical talent."

"I play basketball because I like to work hard and play with my teammates to achieve success," Roustio said. "Being on the basketball court at game time makes me want to give all my effort and to represent the school along with my team. I began playing in fifth grade on my grade school team. Practicing during the season everyday after school has really helped me improve on the skills to become a better player and a harder worker."

"Being a part of O'Fallon athletics has helped me put that hard work into

practice in every day life. It has taught me not to give up and goals can be achieved depending on the effort you give."

### COMMENTS

We expect conversations to follow the conventions of polite discourse. Therefore, we will not allow comments containing material that is racist, defamatory, libelous, vulgar, obscene, abusive, profane or threatening. We do not allow advertising, proselytizing, campaigning or links to other websites. We will not tolerate **personal attacks against other**

**Quick Job Search**

Enter Keyword(s):

Enter a City:

Select a State: **- All United States -**

Select a Category: **- All Job Categories -**

[Advanced Job Search](#)  
[Search by Category](#)

### Top Jobs

#### Belleville Top Jobs

[See More Top Jobs](#)

#### Top Jobs

**SSF Caseworker NLE in O'Fallon, IL has an opening for caseworker Co. Conf./ SSF Case Worker**  
**US-IL-Belleville**  
carpenter

**US-IL-Germantown BOOKKEEPER** Seeking assistant book keeper for fast paced **Company Confidential**  
**US-IL-Belleville RECEPTIONIST** Seeking receptionist for fast paced **veterinary Company**

**BND.com careerbuilder.com**

**SELECT A CATEGORY OR CLICK BELOW TO VIEW A VIDEO**

**Activity Assistant &**

Rosewood Nursing

**LPN/RN**

Marka Nursing Home

POWERED BY DMC

powered by **careerbuilder.com**

posters. Repeat offenders will lose their commenting privileges. BND.com also retains the right to disallow commenting on certain stories due to the nature of the content. [Read full commenting policy here](#)



## Showing 0 comments

Sort by **Newest first** [Subscribe by email](#) [Subscribe by RSS](#)

Real-time updating is **enabled**. ([Pause](#))

## Add New Comment

Required: Please login below to comment.



Type your comment here.

**Post as ...**

## SITE MAP

### HOME PAGE

- [Today's Front Page](#)
- [RSS Feeds](#)
- [Mobile Edition](#)
- [Newsletter](#)
- [Subscriber Services](#)
- [E-Edition](#)
- [Place an Ad](#)
- [Archives](#)
- [Local Search](#)
- [Text alerts](#)
- [Contact Us](#)

### METRO-EAST NEWS

- [Metro-east news](#)
- [Crime](#)
- [Election 2010](#)
- [Your towns](#)
- [Videos](#)
- [Education](#)
- [Business](#)
- [Obituaries](#)
- [Military](#)
- [Records](#)

### YOUR LIFE

- [Living](#)
- [Entertainment](#)
- [Columnists](#)
- [Food](#)
- [Restaurants](#)
- [Community blog](#)
- [Your photos](#)
- [Events](#)
- [Comics & Games](#)
- [Horoscopes](#)

### SPORTS

- [Sports](#)
- [High school](#)
- [Cardinals](#)
- [Rams](#)
- [Blues](#)
- [Colleges](#)
- [Outdoors](#)
- [Other sports](#)
- [Althoff news](#)
- [Belleville East news](#)
- [Belleville West news](#)
- [O'Fallon news](#)

### VOICES / VIEWS

- [Our viewpoint](#)
- [Letters/Sound-off](#)
- [Hot topics](#)
- [Cartoon](#)
- [Polls](#)
- [Blogs](#)
- [Forums](#)
- [Legislators](#)

### SPECIAL SECTIONS

- [Life on Main](#)
- [ofprogress.com](#)
- [highlandnl.com](#)
- [Metro-East Living](#)
- [Social Security](#)
- [Our War](#)
- [150th History Series](#)
- [Lethal Lapses](#)
- [PTSD](#)
- [e-commandpost.com](#)
- [Abode](#)
- [All special sections](#)

### ADVERTISING / CLASSIFIEDS

- [Jobs](#)
- [Cars.com](#)
- [Automotive Ads](#)
- [Real Estate](#)
- [Homes for Sale](#)
- [Rentals](#)
- [Southern Illinois HOMES](#)
- [Local Shopping](#)
- [Newspaper Ads](#)
- [Service Directory](#)
- [Illinois Legal Ads](#)

[Classified Ads](#)

[Place an Ad](#)

[Find an Ad](#)

[Garage Sale Map](#) [Terms of Use](#) [Privacy Policy](#) [About our ads](#) [Copyright](#) [About the McClatchy Company](#)

[HBA 2010  
Directory](#)